

## SSSAS coach arrested for soliciting sex from minor

### Rick Allison faces 19 charges in Middlesex County

BY ALEXA EPITROPOULOS

A longtime St. Stephen's & St. Agnes coach and equipment manager has been arrested for soliciting sex from a female minor, SSSAS

Head of School Kirsten Adams announced to the school community in an email sent Tuesday afternoon.

Richard "Rick" B. Allison Jr., a member of SSSAS' athletic department since 1999, was arrested and charged with soliciting sex from a minor in Middlesex County

in Virginia. Virginia State Police executed a search warrant issued against Allison through the Northern Virginia Internet Crimes Against Children Task Force and arrested him early Tuesday morning at his Alexandria residence.

Allison faces 19 felony in-

dictments in Middlesex County, including seven counts of attempted indecent liberties with children, 11 counts of use of a computer to facilitate certain offenses involving children and one other count, according to the Middlesex

SEE SSSAS

| 8

## Council votes to reduce parking

### New rules cap parking businesses can provide

BY MISSY SCHROTT

City council voted at its public hearing Saturday to affirm a planning commission recommendation that will establish minimum and maximum amounts of parking that new businesses in Alexandria are required to provide.

The text amendment to the zoning ordinance in the city code related to parking requirements for commercial use passed by a vote of 6-1, with Mayor Allison Silberberg casting the lone dissenting vote. The amendment significantly lowers the amount of parking businesses are required to provide and establishes a new cap on parking.

The text amendment – along with the new parking minimums and maximums that come with it – was established by the Parking Standards for New Development Projects Task Force,

SEE PARKING

| 12

### INSIDE



#### Old Dominion Boat Club

After years of uncertainty and three years of transition, new boat club facility debuts at the end of Prince Street.

Page 5

#### Karig appeal denied

Karig Estates appeal denied at city council's public hearing.

Page 11

#### Affordable housing project approved

Church of the Resurrection affordable housing project gets the green light.

Page 13

#### Life Well Lived

Learn what exercises are right for you this New Year's resolution season.

Page 17



PHOTO/SUSAN HALE THOMAS

## Hutchings ready to return

### New superintendent talks about his vision for ACPS

BY MISSY SCHROTT

Since being named superintendent of Alexandria City Public Schools in December, Dr. Gregory C. Hutchings Jr. has been preparing to take the helm in July, while

also completing his fifth year as superintendent at Shaker Heights Schools in the suburbs of Cleveland, Ohio.

Hutchings, an Alexandria native, recently sat down with the Times to discuss some of the issues facing ACPS and his

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| 9





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## WEEKLY BRIEFING

## Chamber Chairman's Reception



COURTESY PHOTO

The Alexandria Chamber of Commerce hosted its annual Chairman's Reception on Jan. 18, which officially welcomed its new Chair of the Board, Gin Kinneman, owner of Kinneman Insurance. The event took place at Alexandria Renew Enterprises and included a mix of live and silent auction items. Here, Cathy Bradford celebrates her win in the live auction.

## Second barrel discovered at Old Town archaeological site

As excavations take place at a home once owned by George Washington at 123 S. Pitt St., archeologists continue to uncover wells, pits and barrels full of artifacts. Over the weekend, archeologists discovered a second barrel in the well they've been excavating, meaning two barrels were used in the well capping process, homeowner Rick Garcia said. Since a two-barreled cap has never been seen before in Alexandria, Garcia said the excavation has drawn a crowd, including all seven members of Mount Vernon's archeology team and city councilor Paul Smedberg.

**Stay tuned** – the Times will continue to update the public on the progress of the excavation.



PHOTO/RICK GARCIA

## ACPS inducts athletic alumnus, coaches into hall of fame

Alexandria City Public Schools inducted six athletes into its Athletic Hall of Fame and honored two basketball coaches at a ceremony on Jan. 19.

The athletes honored included former T.C. Williams High School basketball player Michael Horton, former basketball player and teacher Ardelia Hunter, multi-talented athlete Ron Lambert,

former basketball player Daymond Jackson, renowned T.C. Williams distance runner Dwight Stephens and football and rowing standout Bob Stumpf.

Horton, a basketball player who scored 1,600 points during his time on the T.C. Williams team, remains the school's all-time leading scorer. Hunter, a trailblazer in women's high school

sports, was a standout player on the women's basketball team at Parker-Gray, a segregated school. Lambert, who lettered in four sports his senior year, played varsity basketball for three seasons and served as captain of the football team, all while playing baseball and running track.

Jackson was a first team

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| 4

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## CRIME

## Teens arrested for two middle school bomb threats

After two bomb threats were issued against city middle schools via social media in short order, the Alexandria Police Department arrested two teens.

Police have charged a 13-year-old male with making threats to bomb Francis C. Hammond Middle School. That threat was posted on Twitter the evening of Jan. 17 and caused an evacuation of the school at 10:30 a.m. on Jan. 18. Students were evacuated to T.C. Williams High School while the Alexandria Police Department searched the building. The middle school was cleared at 1 p.m. and students were transport-

ed back to the campus.

A 13-year-old female was charged with making threats to bomb George Washington Middle School. That threat was also posted on social media, with Alexandria City Public Schools saying it was a suspected copycat threat. George Washington Middle School didn't close on Jan. 19 and remained open for normal school hours.

"ACPS takes any threat to the safety of our students very seriously. The safety of our students is always a first priority. We will communicate with parents as soon as possible during an emergency, but we will always ensure

the safety of students and staff before beginning any communication," an ACPS statement issued Jan. 18 read.

The Alexandria Police Department plans to prosecute both suspects.

Parents and students are asked to report posts they find dangerous or disturbing to the police's non-emergency line at 703-746-4444 or dial 911 if they believe there's an immediate threat.

Anyone with information about either incident is asked to call Sergeant Dan Gordon at 703-746-6685.

- [aepitropoulos@alextimes.com](mailto:aepitropoulos@alextimes.com)

## Commercial robbery on West Glebe Road

A male suspect stole cash from a business in North Alexandria on Jan. 17, police announced in a news release.

A man stole cash from the

business, located in the 200 block of West Glebe Road, while brandishing a firearm.

There were no injuries reported as a result of the

incident, and it's not clear whether police made any arrests.

- [aepitropoulos@alextimes.com](mailto:aepitropoulos@alextimes.com)

## ACPS

FROM | 3

all-met and first team all-state selection in 1995 and graduated as the second leading scorer in T.C. Williams basketball history.

Stephens was a standout distance runner, winning the 1979 Northern Region and Virginia cross-country titles, the 1980 state indoor title

at 3200 meters and the 1980 state outdoor title at 3200 meters. Stumpf was a three-year varsity oarsman and two-way starter and co-captain of the 1969 Northern Virginia champion football team.

The hall of fame honored two coaches in addition to student athletes, including Albert E. Doran, who men-

tored local athletes from 1938 until he retired in 1970. He coached basketball, football, track, baseball and served as the first director of athletics at George Washington High School. He was named supervisor of athletics for ACPS in 1953, a position he held until he retired.

SEE ACPS

| 16



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# New ODBC opens on waterfront

**Boat club members discuss transition, lengthy battle with city**

BY ALEXA EPITROPOULOS

The Old Dominion Boat Club began a new chapter in its history this month when it relocated from its home of nearly a century to a new club on the waterfront.

The new building, located at the foot of Prince Street, opened to members on Jan. 12.

Construction on the new club began in late 2016 and was completed in late 2017, culminating decades of negotiation between the city and the organization. In 2014, boat club members accepted a deal to trade their land to the city in exchange for the property they now occupy, in addition to \$5 million to build a new clubhouse.

The offer came about after the city threatened to use eminent domain to seize the land. City council voted 6-1 in November 2013 to continue discussions with the boat club for 90 days in an attempt to resolve their issues, while also directing the city manager and the city attorney to initiate the eminent domain process for the property if an agreement could not be reached.

"There were three options



PHOTO/ALEXA EPITROPOULOS

Members of the Old Dominion Boat Club eat lunch on a Monday afternoon in the new club's taproom. The opening of the new club in January follows a decades-long struggle with the city to build a waterfront park on the site the old club long occupied.

— one was to move, one was to stay put and develop some sort of offer where we could survive there without the parking lot and the third one was eminent domain," Old Dominion Boat Club President Richard Banchoff said.

Ultimately, 66 percent of the club's members voted to make the land swap in 2014.

Five months of intense negotiations followed, leading up to a final property exchange and sale agreement that was approved by city

council and club membership. After the terms of the land swap were green lit, members of the club's board worked to create a design and pass hur-

dles posed by city permitting and the Board of Architecture Review for the Old & Historic District.

The old boat club building,

built in 1924, was the second the club had used since its founding in 1880. The old facility was open for the last time on Christmas Eve and will officially be turned over to the city on Jan. 31, at the end of the allotted 60-day transition period. The building is slated for demolition this spring and the property will be converted into Fitzgerald Square Park over the coming years.

Carolyn Bell, past ODBC president and 2017 chair of the board, led the club's transition effort after the design of the new club was completed.

"Not only were we officers of the club, but we were now all responsible for relocating everything that we were doing at 1 King St. over to the new location," Bell said. "This became an incredible task for the board and we ended up ... [meeting] four to five times a week. It was all about planning."

SEE ODBC

| 6



PHOTO/ALEXA EPITROPOULOS

The Old Dominion Boat Club has long supported rowing. Here, members of the club's rowing team in the 1950s pose for a group shot.

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## ODBC

FROM | 5

Consideration was given to every detail, said Bell and Marion Moon, longtime board member and governor of the board in 2015 and 2016.

"We discussed what kind of audio/visual system we wanted to use, what kind of security we wanted, what furniture we wanted to move versus what we wanted to buy, what kitchen we wanted." Bell said. "We were responsible for everything that was going to be ... inside of the club."

"We decided to do vinyl flooring rather than wood because of some of the functions we do. As an example, we'll have to do our crab feast inside because we lost most of our outside space. We knew if we were eating crabs on wood, it wouldn't work, so we put vinyl flooring in," Moon said. "That is just one example of what we did. There are thousands of them."

Moon said the final result is a product of the efforts of nearly 100 volunteers from varying professional backgrounds.



PHOTO/ALEXA EPITROPOULOS

The Old Dominion Boat Club's first floor deck allows patrons to overlook the Potomac River during warmer seasons. The club also has a third floor deck that is used for special events.

"It takes a village to do almost anything and there were almost 100 people involved in our club, all volunteers, who tried to do the best we could for the entire membership of the club," Moon said.

Bell said that was enhanced by the professional backgrounds of various members.

"What was incredible was we were very, very fortunate

because we had smart people on our board. They had outside experience and were able to transition that expertise into this project," Bell said.

The building's final plan came in at a total of \$9.5 million, and construction was completed on budget, Banchoff said.

The final product is a modern structure with floor-to-ceiling windows on the

second floor taproom. The taproom is larger than that in the former ODBC building, and the ballroom on the first floor where members hold monthly meetings is smaller. The new building also has several decks, including a large rooftop deck on the third floor and one off the ballroom.

The building debuted to members at a New Year's Eve party and was on full display for the boat club's first major event of the year, the club's annual Board of Governors party and the Change of Command, on Jan. 20.

Moon said the final result surpassed her expectations.

"I did not expect it to be as spectacular as it is," Moon said. "When you work from the ground up, you're so focused on the smaller details and not on the finished product. When I walked into the taproom, it took my breath away."

Bell said, when she looks back on her experience during the transition effort, she's often amazed that the process went so quickly.

"Sometimes we would sit over at the new club when we first got in there and would say 'it's hard to believe that happened' because it went so fast," Bell said. "The year went fast because we were so

busy. It's hard to believe we're there, but we're very, very happy to be there."

Banchoff said the club's 960 members are almost uniformly pleased with the new facility.

"I think the overwhelming majority think it's just a beautiful, beautiful building," Banchoff said. "There's been a significant response from all members ... Since we've been open, the place has just been jammed with people coming in, just enjoying the club. We have spectacular decks where people can sit in nice weather. Since we've been there, I haven't heard any real complaints."

Frank Fannon, a member of the club since 1993, said moving to the new building left him with mixed emotions.

"It's a bittersweet transition because this is an end of a long era for the boat club," Fannon said. "It will be a sad day when the building is taken down."

But Fannon said boat club members are embracing this new chapter in their history.

"We know after 135 years on the Alexandria waterfront, we're going to stay," Fannon said.

Club members are also able to view the change with a sense of humor: The club's new house beer is a tongue-in-cheek nod to the circumstances of the move — Eminent Domain IPA.

The best victory, though, is staying close to where the Old Dominion Boat Club operated for nearly a century.

"It's an adjustment because the old club pulls at your heart strings, but we'll make new memories in our new club," Moon said. "Thirty years from today, we won't even remember the old club because we'll think the new club is the best thing we've ever had ... Time passes and people forget — that's the nice thing about human nature."

- *aeptropoulos@alextimes.com*

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## SSSAS

FROM | 1

County Sheriff's Office.

Allison was arrested after a several-week-long investigation conducted by the Middlesex County Sheriff's Office, a member of the Southern Virginia Internet Crimes Against Children Task Force. The investigation led to contact being made with Allison, followed by a presentment of indictments to the Grand Jury of Middlesex County. Contact was made with the Northern Virginia ICAC task force to execute the search warrant and arrest Allison, according to Middlesex County Sheriff's Office.

During his almost two decades at SSSAS, Allison worked as a coach for the school's middle and upper schools and served as assistant to the athletic directors/equipment manager, according to the school. The school was informed of the arrest by the Alexandria Police Department on Tuesday morning.

Allison also coached the D.C. Divas, a women's full-contact football team, in 2014 as offensive coordinator. Allison's biography on the team's website said he had also coached the D.C. Divas in 2009, but resigned shortly before the season began for personal reasons.

SSSAS has banned Allison from the school's campuses and school events, and he is not allowed to contact



PHOTO COURTESY MIDDLESEX COUNTY SHERIFF'S OFFICE

Richard "Rick" B. Allison Jr. was arrested on Tuesday morning in Alexandria and is being held in the Middle Peninsula Security Center in Saluda, Virginia.

members of the school community, according to the school, which also launched an internal investigation on Allison.

The school said it does background checks, reference checks and screening steps as part of its hiring policies and procedures. The school said it also does annual training for its faculty and staff regarding the prevention of sexual misconduct and inappropriate behavior.

The school declined to answer the Times' questions concerning whether misconduct had ever been reported against Allison or if he had ever been disciplined.

"As this is an ongoing legal and personnel matter, we are not able to provide additional information," SSSAS Director of Communications Jen Desautels said via email on Wednesday.

Adams shared the news

about Allison with all parents and upper school students.

"I encourage members of the community to contact me with questions, concerns, or relevant information. Moreover, we will be making our counselors and chaplains available to our students to aid them in processing this very difficult news," Adams said in the email sent to the SSSAS community.

SSSAS issued a full statement on Wednesday afternoon.

"On Tuesday, Jan. 23, we received a call from Alexandria City Police informing us that Rick Allison, a member of the SSSAS Athletic Department since 1999, was arrested and charged with online solicitation of a female minor in Middlesex County, Virginia. During his time here he has served as the equipment manager and as a Middle and Upper School coach. The safety of our community is always our top priority, and therefore we will be launching an internal investigation into this matter. The school's counselors and chaplains are available to our students to aid them in processing this very difficult news. Alexandria City Police Department is keeping us informed of the investigation. We have informed Mr. Allison that he is banned from our campuses and all school events, and is not to contact any members

SEE SSSAS

| 16

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## HUTCHINGS

FROM | 1

vision for the school division's future. The interview has been edited for length and clarity.

### What are you most excited about, and what are you most nervous about with this new role?

I'm just excited about coming back home. I think, and I've said this to many people before, my heart has always been in Alexandria, and to now be back is a dream come true for me. I'm really excited about being back home and working with a lot of people that I already know and that I've worked with in the past and some new people as well as new kids.

The biggest challenge for me is probably just to get readjusted to the community, because things have changed in the past five years. It's growing like crazy here in Alexandria, and I think that that's a challenge for everybody, the rapid growth of students that are coming into the schools and all of the facilities decisions that are going to have to be made for the future in regards to capital improvements. So those are some challenges, but I always love a challenge, so I'm looking forward to that too.

### Coming into the school division, what do you think needs to be improved upon?

When I think about what needs improvement, I think [of] just having a facilities plan and a capital improvements plan. I've been following a lot of the things that have been happening with some of the maintenance issues that we've had within the division, and I think that's an area that we definitely need to strengthen, as well as just working on providing more academic opportunities for all of our young people.

Another thing is the fact that the high school is so



Dr. Gregory C. Hutchings Jr. poses at the Alexandria City Public Schools central office during his visit to Alexandria last weekend, where he met with city and school leaders in preparation for becoming ACPS's new superintendent.

PHOTO/MISSY SCHROTT

### West End principal back in November and then had to take back that decision after allegations of misconduct surfaced. How do you hope to change the vetting process?

Well, I can say we can learn from mistakes. That mistake won't happen again under my leadership, not to say that other mistakes won't happen in the future though, because no one's perfect. I think it's important to have an interview process in place that involves community stakeholders as well as the administrative team.

Our enrollment is increasing here; it is inevitable that we're going to have to increase our staffing, so we want to make sure that we are at a place where we're able to get or recruit some of the brightest candidates. I call them VIPs, and it's not "Very Important People," but people with Vision, Integrity and Passion.

### In a perfect world, what does ACPS look like at the end of your reign as superintendent?

In a perfect world, ACPS will be exactly where our mission talks about, making sure that every single student's needs are being met, so that we meet our kids exactly where they are, and they determine what their success is. Success means multiple things. It's not just going to the ivy league school, it could be going to NOVA, it could be going to a state college like George Mason or the College of William and Mary or Old Dominion.

I think really making sure that every single student ... walks across the stage and that every single student ... goes off and does whatever their heart desires. That's when I'll know my work was done and that we've done a good job.

- mschrott@alextimes.com

large. That is really the elephant in the room ... We're going to really have to have some tough conversations on how we're going to be able to still address every student's needs and determine whether we're going to have this one huge high school, [or] if we're going to have another high school in our future. And those are some really tough decisions that are going to be happening pretty soon, and that's something I'm going to have to deal with, but I'm looking forward to that challenge as well.

### There have been a lot of maintenance issues going on, most recently with GW middle school shutting down for a burst pipe. Do you have an idea how you're going to approach maintenance?

I think that we definitely need to have a preventative maintenance plan in place within our district, just so that we're making sure we are taking care of the actual equipment and facilities that are currently in place ... I think that knowing the lifespan of boilers and roofs is important [and] to have a facilities plan in place, long range plan, so that we're tackling those issues before they become safe-

ty concerns for our students.

### The second part of that question is funding. School requests for city funding have gone up in the past few years. With a limited budget, how are you going to identify the most efficient uses for money?

With limited funding, you always have to have a priority list. You have to take a comprehensive view of everything that's happening within the district, and then there's a system that you would need to put in place to prioritize.

Our main focus ... here in Alexandria, is that you want to make sure kids are warm, you want to make sure that they're safe, you want to make sure that they're dry, meaning there's no water coming into the building, and the kids are not freezing in these cold temperatures ... So I think just making sure that we have a prioritization kind of template or process so we can prioritize all of the different facilities issues.

### Outgoing superintendent Dr. Alvin Crawley has been quoted as saying that communications with the city about

### capital improvement projects has been contentious. How do you plan to tackle that kind of conflict?

Communicate, communicate, communicate. You can't communicate more, and building a relationship with Mark Jinks, the city manager, I think is going to be important. That's one of the priorities on my list as I transition into this role – and getting to know the city council and getting to know our mayor here in Alexandria, and just having standing meetings to discuss ... some of the challenges and some of the exciting things that are also happening in our schools.

We want to make sure that when we have interactions with the city council, or we have interactions with the city manager or the mayor, that it's not just about what we need from them, but kind of sharing how the division has benefitted from the funds that we have been allocated, and sharing those stories ... I think that is something that I would like to do on a continuous basis and not just at times when we are going through the budgeting process.

### ACPS named the new



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# Council denies Karig appeals

## Public hearing draws 26 mostly opposed speakers

BY MISSY SCHROTT

Council voted to move forward with a development project known as Karig Estates, despite the protests of residents, environmentalists and neighbors.

The Karig Estates project involves building four single-family homes in the multi-acre plot behind Beth El Hebrew Congregation. Neighbors had filed six appeals to the planning commission's Nov. 9 decision to approve the site plan.

Council voted 6-1 to deny the appeals, with Mayor Allison Silberberg casting the only opposing vote.

Of the 26 people who spoke at Saturday's public hearing, several voiced concerns about the environmental implications of building houses in the wooded area, which includes a swale, or ravine. Although the swale is not environmentally protected by city, state or federal regulations, the isolated wetland within it cannot be developed within a 50-foot buffer.

When city staff presented the case to council, they made one thing clear – because of the nature of the appeals, council's job was to determine whether the project legally met the approval standards determined by the city code.

Regardless of personal reservations or other concerns, council had an obligation to approve the site plan for Karig Estates unless they found it to be legally deficient, City Attorney James Banks said.

"Council only has the authority to determine whether the project meets the approval standards, not whether any alternative plans are

preferable," Nathan Randall, a planner with the Department of Planning & Zoning, said.

In staff's presentation, they identified 14 grounds for appeal from the letters filed with the city clerk. Of the 14, staff identified that council should only consider the seven grounds relevant to site plan standards, zoning ordinances and other requirements. Randall proceeded to explain why each of the seven were legally satisfactory.

More than 20 of the public speakers voiced opposition to the plan, expressing concerns about environmental preservation, the stability of houses built on marine clay, storm water runoff and whether the wetland was considered a Resource Protection Area.

Christina Lytle, who lives on Colonel Ellis Avenue, asked councilors not to discount residents' concerns.

"Don't do what everyone's expecting and let the commission rule unchecked ... we just don't want you as council members to let this go," Lytle said. "Eco city – is that just a stamp you put on things to make it look nice, or is there something behind it?"

Julienne Bramesco, president of Beth El Hebrew Congregation, suggested compromising.

"A compromise is possible," she said. "We are very much willing to work with developers to come up with a plan."

Other speakers encouraged council to support the planning commission and deny the appeals. Kevin Durkin, a resident who lives on Seminary Road, said his property will fall within 70 feet of the new developments. He said the developer has already made compro-

mises, including protecting 41 percent of the tree canopy, while the city code only requires preservation of 25 percent.

"The developer has shown a willingness to act responsibly and to address the concerns of the neighbors," he said. "The city staff, the developer and the Karig family have followed every zoning

SEE **KARIG**

| 18



PHOTO/MISSY SCHROTT

The view from the lot behind Beth El Hebrew Congregation that has now been approved to become four single-family homes known as Karig Estates.



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Imagine Artwear  
Durant Community Arts Center  
Alexandria Union Station  
George Washington Masonic  
National Memorial  
Mount Vernon Recreation Center



FirstNightAlexandria.org

## PARKING

FROM | 1

a group that has been meeting since March 2017 to help update parking regulations that haven't changed in more than 50 years. The planning commission unanimously approved the task force's recommendations at its public hearing on Jan. 4.

Although parking was one of the most controversial topics slated for city council's public hearing Saturday, council didn't reach the topic until nine hours in, by which time most attendees had filed out.

Two residents spoke during the public hearing period, expressing opposing views of the amendment. Nathan Macek, chair of the task force and vice chair of the planning commission, spoke to explain the reasoning behind an imposed maximum and to urge council's approval.

"The reason that we support the maximums is because this is helping drive behaviors that we want to see in terms of land use patterns in the city," Macek said. "By having those maximums, you're no longer saying that you should be building to the extreme, but should be focusing in on what's needed to serve what it is that we're trying to accomplish in terms of land use patterns."

The staff report for the text amendment says that "right-sizing" Alexandria's commercial parking requirements will support the city's goals and policies to support small businesses, reduce greenhouse gas emissions, increase non-single occupant vehicle trips, support investments in transit and encourage high quality new development.

Robert Ray, a resident and small business owner who recently announced he will run for council this year, urged councilors to defeat the recommendation.

"I certainly agree that the task force took a lot of time,

but I believe that their process was incomplete," he said. "I sat in the audience observing the task force in action on several occasions. The potential impacts of spillover parking on residents and on already existing small businesses were not examined."

Ray suggested the reason for incomplete research was the make up of task force members, claiming the group was missing a voice to represent the needs of residents.

"All of the members chosen for the task force, not counting the city staff and Mr. Macek, had a financial stake in reducing commercial properties' obligation to provide parking," he said. "Although it's true that some of the representatives of the task force reside in Alexandria, there were none that solely represented current residents or small business interests."

Yon Lambert, director of the Department of Transportation & Environmental Services, said there had been ample opportunities for community input in the project.

"We understand that any discussion of parking is complex and often emotional," he said. "We heard many concerns in the numerous public meetings, open houses and listening sessions that we did as part of this project. Staff believes the recommendations from the task force reflect the city's existing policies."

Mayor Allison Silberberg expressed reservations about approving the project. She said she had heard from several small business and restaurant owners who were concerned about what the new minimum and maximum standards would mean for their customers.

"The times have changed in so many ways since the early 1960s, we all know that. But I think telling a business the maximum number of spots that they can have or not have is an odd thing," Silberberg said.

Silberberg asked Katye North, a parking planner with T&ES, to use Royal Restaurant on North Saint Asaph Street as an example to illustrate the regulations.

North said under new criteria, a restaurant with the same square footage of Royal Restaurant would be able to provide a maximum of nine parking spaces. The restaurant's current lot has 23 spaces, which Silberberg said are almost always used during breakfast and lunch.

"I do want to make an important point that any existing parking on these sites is permitted to stay," North said. "Even though the maximum for the Royal is nine, and they currently provide 23 spaces, if a new restaurant were to go in there, they would not have to remove the difference of those spaces. This really would only apply to new parking that's being built."

"I just feel like we should spend more time talking about it with the community," Silberberg said. "I'm very concerned about this really because I think parking is a quality of life issue ... What you all have mentioned in the briefing, it's comparing the West End of Alexandria to Gallery Place, the Verizon Center area. It's just a totally different animal to me."

Despite the mayor's hesitations, other councilors backed the task force's recommendations.

"Too little parking is a problem, and too much parking is a problem too, especially if we're trying to prioritize walking and transit and bicycles," Councilor Tim Lovain said. "I think a lot of great work has gone into the development of these standards, and they have my strong support."

Without nearly as much discussion as topics earlier in the day generated, council voted 6-1 to affirm the planning commission's decision.

- mschrott@alextimes.com



# Church affordable housing project approved

## Goodwin House residents decry inadequate parking

BY MISSY SCHROTT

Council voted unanimously to approve the Episcopal Church of the Resurrection's affordable housing project and a loan of up to \$9 million at its public hearing Saturday.

Discussion of the project attracted 27 public speakers, a collection of residents who advocated for, spoke against and suggested amendments to a project that has been almost four years in the works.

While those who spoke against approving the project addressed a number of issues from area density to child safety to building design, their primary concern was parking.

The affordable housing complex to be built at 2280 N. Beauregard St., the site where



PHOTO/MISSY SCHROTT

More than 150 Goodwin House residents signed a petition outlining concerns about the impact of the Episcopal Church of Resurrection's affordable housing project. The project was approved by the council at its public hearing Saturday.

the Church of the Resurrection currently stands, will be composed of 113 multifamily units. The underground parking garage will have 84 parking spaces. The new smaller church that will be built once the property is redeveloped will provide 28 spaces for a

140-seat chapel.

The project's greatest opposition has come from Goodwin House, a neighboring life plan community for older adults that is also affiliated with the Episcopal Church. More than half of Goodwin House's residents signed a

petition outlining concerns about the impact of the project – 170 residents out of the 326 who are not on nursing floors, according to resident Mike McCaffree.

Jackie Phillips, a resident of Goodwin House, urged council to amend the plan, particularly because of the inadequate parking that will be provided onsite, along with the lack of additional parking available on the bordering public roads – Beauregard Street, Braddock Road, Seminary Road and King Street.

"There is no way there would be an objection to the very fine principles in this project. However, there are very real negatives connected to the project," Phillips said. "You'd be on your feet for over a mile to find a place to park your car. That's a very real thing ... It's just too impacted to be practical, and certainly

not very livable."

Church of the Resurrection parishioners who spoke acknowledged the parking issues.

"We know we have fewer spaces than we currently use, and we won't all be able to park at our front door," said Betsy Faga, chair of the church's redevelopment committee. "This is a sacrifice for us, but one that we as a congregation considered carefully and decided to accept so that we could realize our goal of affordable housing."

In addition to the churchgoers' assurance of flexibility, the project's site plan includes an overflow parking strategy that has been approved by city staff.

"I think it's important to emphasize that the parking provided in this proposal

SEE HOUSING

| 19

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SPORTS

Alexandria sports roundup

The Alexandria Times sports roundup includes records and game results for the prior week in two sports per season for Alexandria’s four local high schools: Bishop Ireton, Episcopal, St. Stephens and St. Agnes School and T.C. Williams High School.

Boys’ basketball

School	Record
Bishop Ireton	6-9
Episcopal	13-5
SSSAS	10-5
T.C. Williams	2-9

Scores this week:

**Jan. 19**  
Episcopal L 75-67 @ Bullis  
SSSAS W 67-60 vs. St. Albans  
TC L 71-68 vs. Hayfield

**Jan. 20**  
BI W 72-63 vs. Saint John Paul the Great Catholic

Episcopal L 86-61 @ Bishop O’Connell

**Jan. 23**  
BI W 61-42 @ Bishop McNamara  
Episcopal W 64-63 @ St. Albans  
SSSAS L 55-46 vs. Georgetown Prep

Girls’ basketball

School	Record
Bishop Ireton	13-3
Episcopal	9-6
SSSAS	4-9
T.C. Williams	14-3

Scores this week:

**Jan. 18**  
BI L 73-42 @ Paul VI  
SSSAS L 51-45 vs. St. Andrew’s Episcopal

**Jan. 19**  
TC W 69-30 @ Hayfield

**Jan. 20**  
Episcopal L 58-53 @ Stone Ridge School of the Sacred Heart

TC L 46-44 vs. Caravel

**Jan. 23**  
BI W 50-48 vs. Bishop McNamara  
Episcopal L 55-46 vs. Sidwell Friends  
SSSAS L 70-61 @ Potomac School  
TC W 67-46 vs. West Potomac

T.C. rugby recruits members

**Coach Jeff Murphy organizes college fair to garner interest**  
BY MISSY SCHROTT

T.C. rugby may not be the most popular sport at Alexandria’s only public high school, but its coaches and players are passionate about building the program.

Jeff Murphy has been coaching both the boys’ and girls’ rugby teams at T.C. Williams High School for 15 years. In an effort to attract interest in both high school and college rugby, Murphy helped organize the first college rugby fair and seminar of its kind in the region.

The seminar and college fair will take place at T.C. Williams on Saturday from 2 to 5 p.m. The event came about from collaboration among the T.C. rugby program, T.C.’s College and Career Center, the Potomac Rugby Foundation and The Rugger’s Edge, the only college rugby advisory organization of its kind.

Murphy said the event is targeted at families with children from eighth to 12th grade.

“Rugby’s an extremely welcoming sport, and it’s a growing sport,” Murphy said. “We always are looking for folks, whether they have experience or not.”

Before he began coaching, Murphy was an athlete himself, first playing rugby in college at James Madison University in 1981. He said he wants to build the T.C. rugby program not only because of his personal passion, but because rugby is one of the world’s fastest growing sports.

“It’s a really exciting time for rugby,” Murphy said. “There’s so many of us that are just so passionate about



COURTESY PHOTOS  
**Top:** Jeff Murphy has been coaching the T.C. Williams boys’ and girls’ rugby teams for the past 15 years.  
**Above:** The boys’ rugby team is made up of about 25 players.

the game and what it does. I mean, the chicken or the egg – I don’t know if good people come to rugby or rugby makes good people.”

The coach’s son, Will SEE **RUGBY** | 15



## SPORTS



## RUGBY

FROM | 14

love with the sport and becoming the most experienced player on the boys' team and a two-year captain.

"I can't mess around at practice because the coach gives me a ride home every day," Will Murphy joked. "I think it helps the team, though, because making sure your captain is focused ... and aligned with what your coach is thinking, it helps the team grow and succeed."

He agreed with his father that the program at T.C. needs to grow.

"I would say we're fairly dismissed in the athletic department," Will Murphy said. "We don't get any funding. Many people commit to other sports and don't see rugby as a viable option as a spring sport."

In order to recruit more members, Will Murphy said the team has been making announcements, hosting meetings and holding touch games to encourage people to try rugby.

"We could really shed some light on how successful a program can be and how it can actually work in our schools," he said. "Playing in



The girls' rugby team is composed of about 20 players.

PHOTOS/JILL WILLIAMSON PHOTOGRAPHY

your school is so much easier and usually cheaper for kids, especially low income families ... where they don't have to pay all the club fees and the uniforms ... I think T.C. can be a great first step in moving rugby into schools."

Angy Alvarado is a junior on the T.C. girls' rugby team and an example of a player who did not know anything about the sport before she began playing during her sophomore year.

"I really wanted to try something new," Alvarado said.

Alvarado has also been working to recruit members to the program. As the teams stand now, the girls' team is composed of about 20 players, while about 25 boys participate, according to Jeff Murphy.

"My goal is to get people to know about it and learn to love the sport just like I do," Alvarado said, "but I also hope that people get to understand that we're also a team; we're not just a club sport, and we try our best at the sport that we're learning to love."

Both Alvarado and Will Murphy plan to attend the fair and learn about opportunities to play rugby in college.

"The seminar, it's the first one in this area," Coach Jeff Murphy said. "We're thinking and hoping this is something that will be an inaugural, not a one off thing. We're hoping to all of us work together to help this thing move forward, because there's just so much happening in rugby."

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the city, including Old Town, Del Ray and the West End. At a range of locales, from fine dining establishments to

casual neighborhood favorites, guests will savor the flavors of Alexandria's distinctive collection of eateries.

## ACPS

FROM | 4

Jimmy Worden, a native Alexandrian who led the T.C. Williams boys varsity basketball team to five district titles and the girls varsity basketball team to a district tournament title, was also honored. He received the Alexandria

Sportsman's Club Coach of the Year award three times and was recognized as district coach of the year by the Washington Post five times.

The ACPS Athletic Hall of Fame has inducted 36 athletes since it started in 2014 and seven others have been honored, including

famed T.C. Williams football coaches Herman Boone and Bill Yoast, a 1971 State Championship football team and a student from the segregated Parker-Gray High School who coached football for the Olympics.

- aepitropoulos@alextimes.com

## SSSAS

FROM | 8

of our school community. Our hiring policies and procedures include criminal background checks, reference checks, and other screening steps. In addition, we conduct annual training with our faculty and staff in the preven-

tion of sexual misconduct and inappropriate behavior," the full statement read.

Allison has been transported to the Middle Peninsula Security Center in Saluda, Virginia and is being held without bond.

- aepitropoulos@alextimes.com



# Times Living

— LIFE WELL LIVED —

## Find your fit in 2018

BY HEIDI AUSTIN

It's 2018 and it's time to set some new goals and potentially try new ways to exercise. Every new program, however, comes with precautions. As an orthopedic physical therapist, I can share things to look out for when starting a new fitness program, review common types of exercises and share the benefits and precautions of each to keep you injury free in 2018.

Before starting a new exercise program, you should be cleared by your doctor, especially if you have any cardiac risk factors or pre-existing orthopedic issues. Remember to start slow, to take your time and to listen to your body.

There is no shortage of exercise options. The great news is that, in the end, most exercise programs done with consistency will lead to positive results. The challenge is often finding the one that is the right fit for you. Exercise should be fun and enjoyable. Let's find the one that best fits you.

### Running

Running is a great cardiovascular exercise, and although it feels like a good enough workout on its own, do not neglect your strength training.



COURTESY PHOTO

Running is a great cardiovascular exercise, and although it feels like a good enough workout on its own, do not neglect your strength training.

diovascular exercise. Throw your shoes on and explore the endless trails available in Alexandria and Del Ray. Frequent runs will reliably provide that "runner's high" and keep you coming back for more.

**Watch out for:** While running is a great cardio activ-

ity, a routine that consists only of running neglects strength development because of running's single plane, repetitive movement. The key is to switch up your workouts to keep the body challenged. Try a recovery day, speed day and a long day. Although a run may of-

ten feel like a good enough workout on its own, do not neglect your strength training. It is vital to do a core and glute strength program two times a week or simply add some pilates classes to your routine to keep you fit.

**The Right Fit:** Running may be right for you if you

enjoy the outdoors, like your exercise simple and if you like goal setting and racing. All you need is to lace up and go.

### CrossFit

CrossFit is a high intensity exercise that combines constantly varied body weight movements, weightlifting, gymnastics, running and rowing. Due to the constantly varied nature of the workouts, your body is continuously challenged. There is no adapting to these workouts. The aim of the "box" (CrossFit for "gym") is to create a community feel. The friendships you forge can keep you more accountable and help you work consistently toward your fitness goals.

**Watch out for:** CrossFit is an excellent exercise to get you in shape and may help you achieve washboard abs, if desired. However, the risk for injury is high if any of the complex movements are done incorrectly.

Research your box and research your coach. Find out how long they have been coaching and review their

SEE FIT

| 18

## CALENDAR

### January and February events

Attend a performing arts festival at T.C. Williams, celebrate Scottish culture with a dinner, hear about Muslim Refugees and more | Page 19

## HOIMIES

### Planting your New Years Resolution

When it comes to gardening, New Years resolutions are "full of promise, just like a package of seeds." | Page 20

# LIFE WELL LIVED

## FIT

FROM | 17

educational background. Read the reviews. Try a class. How well were you coached? The coaches should focus on proficiency, consistency and intensity – in that order.

**The Right Fit:** If you like workouts that are short and intense with a community feel, CrossFit may be the right fit for you. With the increased popularity of CrossFit, there are boxes in most neighborhoods and several options in the Alexandria area.

## Yoga

Yoga is a great way to calm the central nervous system and to work on your underlying flexibility deficits while learning how to breathe properly. Depending on the style you choose, the benefits are endless.

**Watch out for:** While yoga is great for breathing, flexibility and some strength, sometimes too much stretching can create hypermobility. Hypermobility is when a joint

becomes unstable because of excessive flexibility and potentially damages the joint and surrounding ligaments. Simply add a pilates class to your yoga regiment to add some strength and stability. There are several styles of yoga including Bikram, Vinyasa, and Power to fit your personality and goals.

**The Right Fit:** Are you in need of some stress relief from your fast paced lifestyle and in need of some serious mobility work? Try some yoga!

## Pilates

Pilates is an exercise program that was developed in the early 20th century by Joseph Pilates. Pilates can improve flexibility, strength, motor control and endurance. A lot of emphasis is placed on proper core and glute activation along with full-body coordination and balance. There are several types of pilates including mat, reformer and Barre classes.

**Watch out for:** The risk of injury in pilates is low, de-

adopted by the city. The primary reason is that the water goes through a 24-inch pipe, according to William Skrabak, deputy director of infrastructure & environmental quality for T&ES.

Both Pepper and Silberberg disagreed with the terminology, saying they had visited the site and did not understand why something that looked like a stream would not be considered a stream.

"It sure meets the common sense interpretation, doesn't it?" Pepper said.

Karl Moritz, director of the Department of Planning & Zoning, said staff could not work outside of previously determined classifications and regulations.

"Staff is restrained by the laws we have put together –



COURTESY PHOTO

HEIDI AUSTIN

spite the precise and complex movements. I rarely see patients with an injury from pilates.

**The Right Fit:** Most athletes and weekend warriors can use a pilates tune up. Pilates is also very popular with individuals who have a dance background.

## High Intensity Interval Training (HIIT)

This type of exercise focuses on bursts of all-out activity with short rest periods. HIIT aims to keep your

heart rate up, which can lead to a great combination of fat burning and strength building. There are several types of HIIT, including Orangetheory Fitness in Alexandria.

**Watch out for:** Like CrossFit, attempting high intensity workouts without first learning the proper way to perform movements can put you at more risk for injury. Make consistency your goal and don't try to achieve all of your fitness goals by Valentine's Day.

**The Right Fit:** If you like

to work up a good sweat and would rather do more body weight type exercises and heart rate training, HIIT training may be the right fit for you.

No matter what program you choose, remember diet accounts for an even larger portion of your fitness than exercise. As the saying goes, "You can't out-work a bad diet." You will get the best bang for your buck if you focus on diet and exercise together. Look for a gym and a support network that provides an environment that keeps you working out consistently and eating well.

As you can see, virtually all exercise is beneficial in the end. Find what you enjoy, do it consistently and you will find success. Good luck with your new fitness adventures in 2018.

*Heidi Austin, PT, DPT, is a licensed Doctor of Physical Therapy and a member of Well Ray, a consortium of wellness professionals. She is an avid triathlete and CrossFitter.*

## KARIG

FROM | 11

requirement, regulation and law to develop this property in a responsible way."

In the midst of the public hearing period, both Councilor Del Pepper and Mayor Allison Silberberg asked numerous questions about terminology and, specifically, why the isolated wetland was not classified as an RPA. If it were an RPA, the wetland would have a buffer of 100 feet, rather than 50 feet. Several residents said a larger buffer would move the houses closer to Seminary Road and appease their concerns.

The seep is not classified a perennial or intermittent stream – both of which would be considered RPAs – because it doesn't meet the state definition that has been

federal, state and local – to decide what we can protect and what we can require a developer to protect," Moritz said. "We can't require a developer to protect something that we have not designated previously as something that requires legal protection."

Pepper said she was reluctant to deny the appeals because of the volume of concerned residents.

"I don't want to get into an argument, but you've got a whole audience of people who are making recommendations, and they're telling us how bad this or that is," Pepper said. "Unless that is responded to, each point, they are going to leave feeling either that they weren't heard or that we do not care or that we just came here to rubber stamp it all anyway."

After nearly five hours of discussion, City Manager Mark Jinks spoke to defend city staff.

"I just wanted to go back and indicate the staff here has been exceedingly thorough," he said. "We know there's a lot at stake here for not just the applicant, but the neighbors. The staff have been very thorough, and I'd say very professional in their knowledge and their application of that knowledge, given the laws that we're basically responsible for enforcing and interpreting."

Councilor Paul Smedberg also addressed some of the speakers' attacks.

"I would really hate for people to leave here with some of the comments that were made that we're not doing the best we can with the

eco city plan, because I think it's really unfair," Smedberg said.

Despite reservations and concerns, council was unable to identify grounds for appeal that they considered illegal, and they voted 6-1 to affirm the planning commission's decision.

"This is now the third appeal that has come before us in the last year or so where the rules that we've got in place ... have cornered us into having to make decisions that we may not want to make, but they are what they are," Pepper said. "They are the law, they are the code, and they are the rules that we are required to follow, whether or not we agree with them or we want them."

- mschrott@alextimes.com



## CALENDAR

## JANUARY 25

**T.C. WILLIAMS STUDENT VS. TEACHER BASKETBALL GAME**

Join T.C. Williams High School faculty and students for a Thursday night full of competition, live performances, food and fun. This event is open to the community from future Titans to past Titans, as well as anyone else who would like to join.

**Time:** 7 to 9 p.m.

**Location:** T.C. Williams High School Gymnasium, 3330 King St.

**Information:** 703-824-6800

## JANUARY 26 – FEB. 4

**THE SEMI-ANNUAL ALEXANDRIA RESTAURANT WEEK**

returns this winter with more than 60 city restaurants offering a \$35 three-course dinner for one or a \$35 dinner for two. More than 30 restaurants are offering lunch menus for \$10, \$15 or \$20 per person in addition to dinner offerings. New to restaurant week this year are Hank's Pasta Bar, Sunday in Saigon, Cedar Knoll, Cafe 44, La Trattoria and Nectar Coffee & Wine Bistro.

**Time:** Ongoing

**Location:** Throughout Alexandria

**Information:** [www.alexandriarestaurantweek.com](http://www.alexandriarestaurantweek.com); 703-838-5005

## JANUARY 26

**NIGHT OF STARS PERFORMING ARTS FESTIVAL**

Bring the whole family for an exciting night of performances, including dancing, singing and comedy. This event takes place in T.C. Williams High School Room E201.

**Time:** 7 to 9 p.m.

**Location:** T.C. Williams High School Room E201 (Rotunda), 3330 King St.

**Information:** 703-746-5407

**SCOTTISH CELEBRATION**

**BURNS DINNER** Come for a celebration of Scottish culture and to support the film "Why They Left." Robbie Burns is Scotland's most famous poet. His birthday is often celebrated with a dinner of haggis and poetry readings. This celebration is taking place at the Sheraton Suites in Old Town Alexandria. Portraits, video and drinks will begin at 6 p.m. Have your picture taken at Tisara Photography in front of a backdrop. A video will show interviews from the Scottish Games and Scottish landscape, which were shot for the film. The film's producer Ellen Hamilton will speak briefly about the story told in the film.

**Time:** 6 to 9 p.m.

**Location:** Sheraton Suites Old Town,

**Information:** [yellow-dot-shop.com](http://yellow-dot-shop.com)

[myshopify.com](http://myshopify.com)

## JANUARY 27

**HALF-DAY COMMUNITY POLICE ACADEMY**

Get to know the Alexandria Police Department in an abbreviated half-day session. Thanks to the popularity of APD's 10-week Community Police Academy, the police department is offering a half-day class this winter. The academy allows residents and community members to learn about various aspects of the police department. Interested participants must apply and be selected to attend.

**Time:** 8:30 a.m. to 1 p.m.

**Location:** Police Headquarters, 3600 Wheeler Ave.

**Information:** <https://survey.alexandriava.gov/s3/OneDayPoliceAcademyApplication>

**COLLEGE RUGBY SEMINAR**

T.C. Williams High School Rugby, in partnership with the school's College & Career Center and other rugby partners will host a College Rugby Seminar for families of 8th to 12th graders to learn about opportunities to play rugby in college. A professional college rugby advisor, as well as top college programs, will be at the event to discuss rugby recruitment, admission and scholarship.

**Time:** 2 to 5 p.m.

**Location:** T.C. Williams High School, 3330 King St.

**Information:** [www.ruggersedge.com/](http://www.ruggersedge.com/)

[event/ruggers-edge-college-seminar-fair-dcbaltimore/](http://event/ruggers-edge-college-seminar-fair-dcbaltimore/)

**MAYOR ON YOUR CORNER**

Mayor Allison Silberberg hosts her next monthly coffee on Jan. 27 between 10 and 11:30 a.m. There's no need to RSVP, but there is a \$5 flat fee for pastries and coffee.

**Time:** 10 to 11:30 a.m.

**Location:** Tempo Restaurant, 4231 Duke St.

**Information:** [www.allisonsilberberg.com](http://www.allisonsilberberg.com)

## JANUARY 28

**FIRST MUSLIM REFUGEES IN THE CHRISTIAN KINGDOM OF ABYSSINIA**

St. Paul's Church hosts its annual Martha Horne Lecture, titled "The First Muslim Refugees in the Christian Kingdom of Abyssinia: Implications for Christian-Muslim Relations Today." This year's speaker is Dr. Zeyneb Sayilgan, visiting assistant professor of Islamic Theology and Religious Pluralism at Virginia Theological Seminary.

**Time:** 10 to 11 a.m.

**Location:** St. Paul's Episcopal Church, 288 S. Pitt St.

**Information:** 703-549-3312

## FEBRUARY 2

**FAMILY SPLASH NIGHT**

Join your friends for Family Splash Night featuring William Ramsay Elementary School. Enjoy swimming for all ages, music, beach ball and aqua basketball, as well as a floating obstacle course. Pool safety tips and swimming skill assessments are offered for youth and adults. On-site registration is available. Light refreshments will be served. Admission is \$4 per person.

**Time:** 6 to 9 p.m.

**Location:** Chingquapin Park Recreation Center & Aquatics Facility, 3210 King St.

**Information:** 703-746-5553

## FEBRUARY 3

**LECTURE: HARRIET JACOBS AND JULIA WILBUR**

Local writer, editor and author Paula Whitacre will deliver a lecture on Civil War aid worker Harriet Ann Jacobs. Jacobs, who lived in Alexandria during the Civil War, wrote about her war experiences working with Alexandria's contraband population. Jacobs was an African-American writer who was later freed, after which she became an abolitionist speaker and reformer. She wrote the autobiographical novel "Incidents in the Life of a Slave Girl."

**Time:** 11 a.m. to 12:30 p.m.

**Location:** Alexandria Black History Museum, 902 Wythe St.

**Information:** 703-746-4356

## HOUSING

FROM | 13

meets the city standards, both for affordable housing and for the church," Councilor Tim Lovain said. "These are reasonable standards, product of experience ... The church has expressed their willingness to be very flexible, if it turns out that there are issues that arise with parking, to add a second service or make other changes."

Helen McIlvaine, the city's director of housing, said the standards used to determine how much parking the development must establish were created from experience. She said less than half of affordable housing residents owned vehicles at another project of the nonprofit developer, AHC Inc.

Cathy Puskar, the attorney representing Goodwin House, stressed that compromise was possible.

"The petition you received from Goodwin House residents is not in opposition of



The Rev. Jo Belser poses in front of a bulletin board at the Church of the Resurrection that outlines details of its affordable housing project. PHOTO/MISSY SCHROTT

the project. It is in an effort to improve upon the project. Once again, to make sure that all these competing missions can coexist successfully on the property," she said.

Before council voted unanimously to approve the plan, Robert Kerns with the Department of Planning & Zoning said city staff would continue exploring additional public parking options such as signage and permitting to find a solution to Sunday church traffic.

Now that council has ap-

proved the project's proposed land use application and loan request, its next step is to apply for low-income housing tax credits through the Virginia Housing Development Authority in March.

"Is our project perfect?" Parishioner Kat Turner asked. "Probably not, but perfection was never our mission. Our mission was love and welcome. What we want to say with this project is all are welcome in our place, in our city, in our lives. All are welcome."

- mschrott@alextimes.com



In celebration of Black History Month, we will be offering **buy 2, get 1 free** during month of February on all of our tours!

See [www.manumissiontours.com](http://www.manumissiontours.com) for more details

## LOCAL EVENTS



**5:00 - 7:00**  
**First and Third Thursday**  
**of the month**

**105 South Union @ King Street**  
**703-684-4682**

[www.TheOldTownShop.com](http://www.TheOldTownShop.com)  
[@TheOldTownShop](https://www.instagram.com/TheOldTownShop)

**February 8th: PAULA WHITACRE "A Civil Life in an Uncivil Time"**

## LOCAL AUTHOR NIGHT

**JANUARY 25**

**Archeologist & Historian**  
**Patrick O'Neill**

• Virginia Presidential Homes  
• Images of Mount Vernon  
• Battle of the White House in 1814



## HOMES

# New Year's resolutions for gardeners

BY MARTY ROSS

It's a good time to take a look at last year's gardening successes and failures, savoring the better accomplishments and trying to learn something useful from the not-so-good. It's time for a few New Year's gardening resolutions.

New Year's resolutions are often intimidating or even a little depressing – and the fact is, most of them are scrapped before the end of January.

But gardening resolutions are low-pressure pledges.

"I see them more as goals, or even like a dream," said Karen Beaty, a horticulturist at the Lady Bird Johnson Wildflower Center in Austin, Texas.

Beaty is in charge of the Wildflower Center's 4.5-acre family garden. At the end of the gardening season, "I think of what we did and what we can do better next year," Beaty

SEE **GARDENS**

| 21

Tall, colorful sunflowers dress up any garden, and they attract bees and birds.



PHOTO/MARTY ROSS

## HOME OF THE WEEK

## Chateau de Normandie for sale in historic Mount Vernon

This estate-like property with gated entry drive and chateau-style architecture was custom built with the highest quality construction in 1975. Located on a one-acre lot with winter water views and once part of George Washington's beloved Mount Vernon estate, this legacy home has over 5,900 square feet of finely detailed luxury with quality craftsmanship and character throughout. Features include both upstairs and downstairs master bedroom suites and three additional bedrooms.

Custom cherry and oak rooms include a main level billiards room and cherry paneled master suite. Four fireplaces, including an oversized antique brick one in the family room area,



**Left:** Oversized pool and luxury pool house. **Right:** Estate-like gated residence.



PHOTOS/SEAN SHANAHAN

provide warmth and character. Open kitchen and family room and oversized living and dining rooms with high ceilings create plenty of space for entertaining and day-to-day family life. Spend time with friends and family in the large entertain-

ment room that opens up to one of the largest swimming pools in the area, complete with a luxury pool house.

In addition to all this, there are two adjacent lots available to purchase with flexible terms and priced below assessment.

## AT A GLANCE

**Location:** 4013  
Ferry Landing Road,  
Alexandria 22309  
**Price:** \$1,299,000  
**Square feet:** 5,900  
**Bedrooms:** 5

**Bathrooms:** 4 full  
and 2 half  
**Year Built:** 1975  
**Contact:** Heather Corey  
703-989-1183  
hcorey@ttrsir.com

## HOMES ADVERTORIAL



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# HOMES

## GARDENS

FROM | 20

said. On those terms, resolutions aren't burdensome: They're full of promise, just like a package of seeds.

This year, Beaty has pledged to document the development of the garden more thoroughly. She's not thinking in terms of spreadsheets: She plans to take pictures of flower beds, making a record of the garden's growth through the seasons, highlighting plant combinations. She's going to photograph the installation of an underground irrigation system, so it doesn't get dug up later by mistake. She plans to take pictures from her favorite vantage points in the garden, and even to photograph things she doesn't like. "That way I can see what I want to do more of, and what I don't want to do more of," Beaty said.

Beaty has also vowed to be more ruthless in her pruning practices this year. Pruning stimulates growth, after all, and she regrets not having trimmed long-blooming perennials in midsummer, to encourage them to continue producing flowers well into the fall. "I'm trying to coach myself to not be afraid to prune like that," she said. Salvia, bee balm, helianthus, coreopsis, purple coneflower and black-eyed Susans will all produce an extra flush of blooms if they're cut back in early summer. Of course, annual flowers, such as zinnias, cosmos and marigolds, also keep blooming heavily all summer long if you cut off the flowers as they fade.

Heather Sherwood, a horticulturist at the Chicago Botanic Garden, is concentrating on beneficial insects and pollinators in her gardening resolutions for 2018. In fact, she got started on this resolution in late fall, blowing autumn leaves off the lawn and into shrub and flower beds, where they serve as mulch, create a rich habitat for beneficial in-



PHOTO/ CHICAGO BOTANIC GARDEN/HEATHER SHERWOOD  
Honeybees are right at home on the Chicago rooftop of Heather Sherwood, a horticulturist at Chicago Botanic Garden. "Bees are so cool," she said.

sects and, over time, decompose to add nutrients and micronutrients to the soil.

"People used to think this was bad," Sherwood said, "but now we realize that good insects are in those leaves."

Turning autumn leaves into a resource for the garden saves time that would otherwise be spent bagging the leaves and getting rid of them. It also saves money because she doesn't have to purchase mulch for the flower beds.

To make more pollinators feel welcome in the garden, Sherwood plans to install bee houses made with short lengths of bamboo, bundled together. Hang these bee houses from tree branches, and mason bees will find them. Sherwood protects pollinators at home, too: She keeps bees on the flat roof of her garage, where she harvested 50 jars of honey last year.

"Bees are so cool," Sherwood said.

Taking care of pollinators is good for the health of food gardens too. Chris Smith, an enthusiastic home gardener and marketing manager for Sow True Seeds, a mail-order seed catalog company in Asheville, North Carolina, plans to grow more flowers in his vegetable garden this year. Flowers attract pollinators,

which increase yields, Smith said. Planting flowers among vegetables also "looks great, and it breaks up the monoculture of a single bed," he said.

Smith plans to grow a border of sunflowers along one side of his backyard vegetable garden. He's also going to plant nasturtiums in with his squash, and he's making room for lots of marigolds, among other annual flowers.

Smith also vows that in 2018 he'll work harder to make the most of vegetables that can be harvested several ways. Instead of composting the tops of beets and carrots, he's planning to eat the greens.

He said he was trying to tackle the problems of food waste and small-space gardening by making the best use of everything he grows. Turnip greens and radish tops are likewise edible. The leaves of some beans, sweet potatoes and peas are also delicious. Smith really appreciates okra (He once grew 14 different kinds) and delights in recipes for the unexpected, such as okra pizza. He also eats the leaves.

Gardening resolutions are meant to be inspiring, not onerous, these professionals said. If your busy life gets in the way of your good intentions, just do the best you can.

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*The Little Theatre of Alexandria*

**Anne of Green Gables** 1/13-2/3

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## Our View

# Compromise is not a four-letter word

In this era of identity politics, the notion of compromise is often viewed as unacceptable. It seems many increasingly equate giving in a little on an issue with capitulation. That's a shame, because in a republic such as ours, compromise is what prevents gridlock and makes all sides feel at least somewhat empowered.

The beautiful, newly opened Old Dominion Boat Club on Alexandria's waterfront is what compromise looks like at the local level. It most emphatically shows that making concessions can work out just fine.

This positive outcome was not inevitable. Just four years ago, it appeared the city and boat club were headed for years of expensive lawsuits over the fate of the club's parking lot and building. The standoff in late 2013 and early 2014 brought to a head the conflict that had been simmering since the 1970s.

To wit, the City of Alexandria had long wanted the boat club's property at the foot of King Street to use for civic purposes. Negotiations to trade the ODBC property for another city-owned waterfront location took place on and off for years. As far back as 1985 an agreement was reached for a property swap, but the deal fell through.

By late 2013, city leaders decided they had had enough, and City Attorney James Banks said that the city would consider all of its options moving forward, including the use of eminent domain. Both sides appeared dug in for a nasty and expensive fight.

It was at this point that members of the Waterfront Commission brokered the compromise that worked: the King Street ODBC building and parking lot in exchange for the vacant building at the corner of Prince Street and the Strand, in addition to \$5 million to build a new club on the site.

This agreement was painful to both parties, the very definition of a successful compromise. On the city side, \$5 million and a valuable waterfront property seemed a lot to give up. From the perspective of many boat club members, no compensation was enough for them to relinquish their beloved and historic building, built in 1924, at the foot of King Street.

In the end, a majority of boat club members were convinced this was the best deal they were going to get and the measure narrowly passed in a vote by membership. Four years later, and as the story and photos on pages 5 and 6 show, the new boat club building is a gorgeous addition to Alexandria's waterfront.

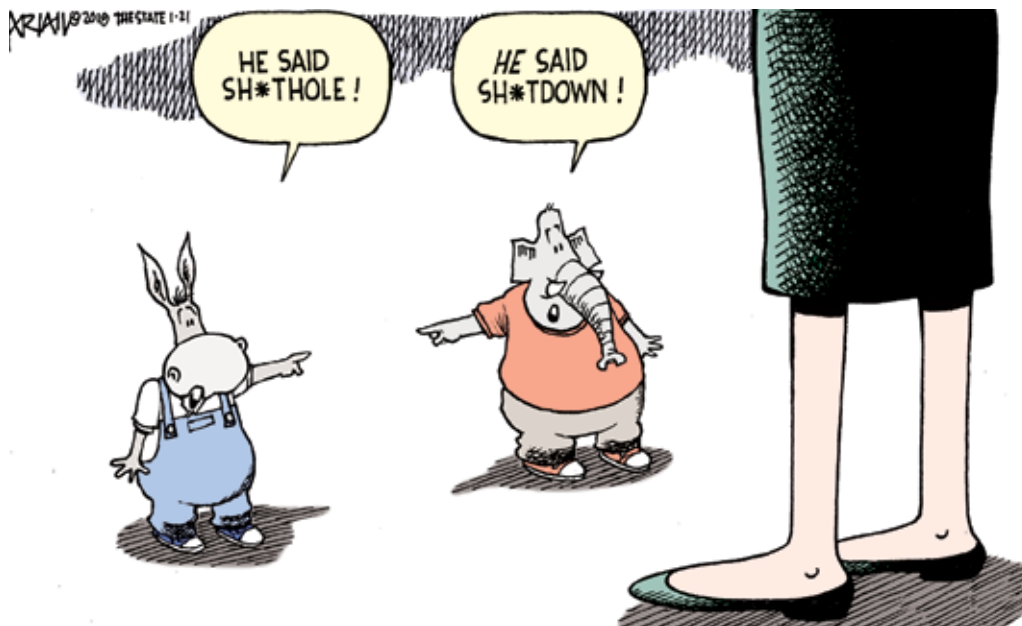
This process was not without anguish. Some still lies ahead – the day this spring when the old ODBC building is torn down will likely be the most painful day yet for club members. But the end result is an example that creative compromise can work – and that those who give some to get some are not sellouts.

While those who wield the levers of power in Alexandria generally seem more intent on pushing through their wishes and less inclined to listen and alter course, the ODBC experience proves that deals in which all sides win and lose are still possible. We hope so, because we need more compromise, both in Alexandria and across the Potomac River.

# Opinion

“Where the press is free and every man is able to read, all is safe.”

- Thomas Jefferson



## Your Views

# Think twice about tearing down old Boat Club

To the editor:

At the last city council public hearing on Dec. 16, I urged council to preserve the Old Dominion Boat Club building rather than demolish it, as is now planned.

As a boat club member, I know that the club's building has been well-maintained and is well-equipped to provide indoor and outdoor space for various city-sponsored activities and events. It also could be rented to private groups so as to generate income to more than pay for the operation and maintenance of the building and grounds.

The club's grounds could easily be melded into Waterfront Park and the open space in front of the Torpedo Factory so that there would be a smooth pedestrian flow along that portion of the waterfront.

The outdoor uses proposed for the interim plan for Fitzgerald Square, the park planned for the end of King Street, could easily be accommodated without having to tear down the building. If anything, retaining the building would enhance those uses. Much-needed restroom facilities, for example, could be built on the building's ground floor.

One of the saddest aspects of the rede-

velopment of the Alexandria waterfront has been the extent to which historic buildings have not been preserved. Demolishing the clubhouse building, portions of which are almost 100 years old, will eliminate one more link to the city's waterfront history.

Although demolition plans are quite advanced, it still is not too late to stop. Let's rethink the wisdom of demolishing a fine, historic building that can readily be repurposed by the city for public use and as a complement to the interim plan for Fitzgerald Square.

If the clubhouse building is torn down, I predict that sometime in the future, and perhaps in the very near future, regrets will emerge about that demolition. If I am still around, I will be among the first to say, I told you so – the building should not have been demolished.

In response to my remarks, City Manager Mark Jinks stated that the city's waterfront plan envisions a major park at the bottom of King Street. That plan included tearing down the ODBC building. Plans, though, are not set in concrete.

SEE **DOMINION**



## My View | Adam Ebbin

# Report from Richmond

The second week of the 2018 General Assembly session wrapped up last Friday and it feels like we're finally hitting our stride. As we cautiously celebrate the doors reopening at federal agencies in Washington and settle into a semi-regular rhythm, the hours are filled reviewing bills, discussing policy, hearing testimony and sneaking in a quick lunch on the hundred-year-old desks of the Senate floor. In between, I have had the pleasure of receiving many visits from constituents and am humbled by the dedication of those who drove more than 100 miles to voice their perspective on upcoming legislation.

It's been a difficult start for those of us advocating for gun violence prevention. The Senate Courts of Justice Committee voted down my bill that would have addressed loopholes that allow people prohibited from purchasing firearms from a licensed dealer to obtain firearms from a "private seller." A glimmer of bipartisan progress emerged, however, as my legislation to ban bump stocks and other devices that make semi-automatics fire like machine guns (SB1) advanced for further consideration to the Senate Finance Committee.

Machine gun possession is already heavily regulated at the federal and state level, and it makes sense to treat deadly firearm attachments, which turn semi-automatic weapons into de facto machine guns, with the same scrutiny. Five Senate Republicans joined all six Democrats to move the bill forward.

I serve on three committees,

where I play a part in deciding which legislative proposals will advance to the Senate floor – a key step on legislation's journey to the Governor's desk. In the Senate Agriculture, Conservation and Natural Resources Committee I've learned more than I ever thought I'd know about fox penning, feral cats, and yogurt manufacturing.

Ensuring a fair and efficient voting process is one of my highest priorities and, as a member of the Senate Privileges and Elections Committee, I've introduced eight bills to do just that.

Gov. Northam's first official action was to sign Executive Order 1, which forbids discrimination based on sexual orientation, gender identity, status as a veteran and other protected classes in public employment. However, if we're going to continue to attract forward-thinking companies to the Commonwealth, we need a permanent policy. SB 202 represents my continuing effort to permanently codify these protections. As a member of the Senate General Laws and Technology Committee, I was happy to see my fellow committee members advance the bill on a decisive 12-3 vote.

I will continue my ongoing town hall meetings this Saturday with a session in Alexandria with Delegate Mark Levine from 10 a.m. to noon at Mt. Vernon Community School, 2601 Commonwealth Ave. I hope that you will join us.

*Adam Ebbin (D-30) represents parts of Alexandria in the Virginia State Senate.*



**STATE SEN.  
ADAM EBBIN**

### DOMINION

FROM | 22

As happens quite often, plans change when circumstances change. For example, even though the waterfront plan calls for a hotel at Robinson Terminal North, its owner has determined that it is not economic to build a hotel there. The waterfront plan must therefore be amended to reflect that reality.

Delaying the start of demolition, now scheduled for March, will not cause irreversible harm to the city or the waterfront. I urged council to stop, take a breath, suspend plans to demolish the building and reconsider how it can be utilized until such time as the city is ready to move ahead with constructing a permanent Fitzgerald Square Park.

*-Bert Ely, Alexandria*



## The Business Plan

with Bill Reagan

# Change – Resist or engage it

Much has been written about approaching changes in our retail sector and a recent editorial concluded that change is something that many in Old Town don't do very well.

Would that all of us had the luxury to resist change. Savvy retailers and community leaders, who must stay two steps ahead of evolving retail dynamics, don't.

In sheer size and purchase power, younger generations have displaced the baby boomers that dominated retail's target market for decades. That demographic shift and Amazon's impact have forced the retail industry into a churning transformation.

While some national chains are closing stores, many small retailers are finding ways to stay competitive. They provide amazing in-store experiences that shoppers can't find online, yet seek ways to match online convenience at every customer touchpoint. Stores are becoming entertainment centers, and pop-ups are filling empty spaces with activity and becoming launchpads for new ventures. Virtual stockrooms require less space and, as a result, many stores are downsizing and sharing space.

Alexandria's Small Business Development Center and Visit Alexandria are preparing a spring retail summit to further explore these "Experiential Retail" approaches.

Mastercard reported small businesses saw year-over-year growth of 7.3 percent, in comparison to 4.6 percent growth in overall retail. Several local retailers reported even stronger performance in 2017. Clearly, independent businesses are still succeeding, but that doesn't mean they can sit back and coast.

In addition to merchants having to be agile, community leaders and planners must make complicated decisions to ensure that our commercial districts and infrastructure are viable today and into the future.

These decisions require careful analysis and tough choices that don't always play well to critics who resist any change or forward planning. As noted, that's particularly true in Old Town.

Every community has naysayers who forecast dire consequences of change. Their letters appear regularly in local papers to criticize leaders and complex decisions on controversial matters, yet their predictive record is poor. Two

examples: For many years antagonists have accused officials of fiscal mismanagement. Meanwhile, our city has continued to earn the highest credit ratings. They also fought the approval of sidewalk dining, now regarded as a crucial amenity. Undaunted, they continue to protest anything that will attract more people to the neighborhood and accuse officials and planners of not caring.

We're entitled to disagree on plans and policies, and citizens should be engaged on issues like the quality of life and sound management within their community. However, dissenting opinions will have greater credibility if they are based in research and an understanding of current issues and trends.

Thriving communities welcome new ideas and approaches. They attract creative minds and talent that strengthen the local economy, add vitality and improve quality of life.

As retail evolves, it impacts all of us. We're in the midst of the most complex change the sector has experienced. To succeed, merchants will have to rethink their strategies and approaches, and it behooves our community and its leaders to engage those changes thoughtfully. We can't afford – literally and figuratively – to reflexively resist change simply because it feels uncomfortable.

*Bill Reagan is the executive director of the Alexandria Small Business Development Center.*



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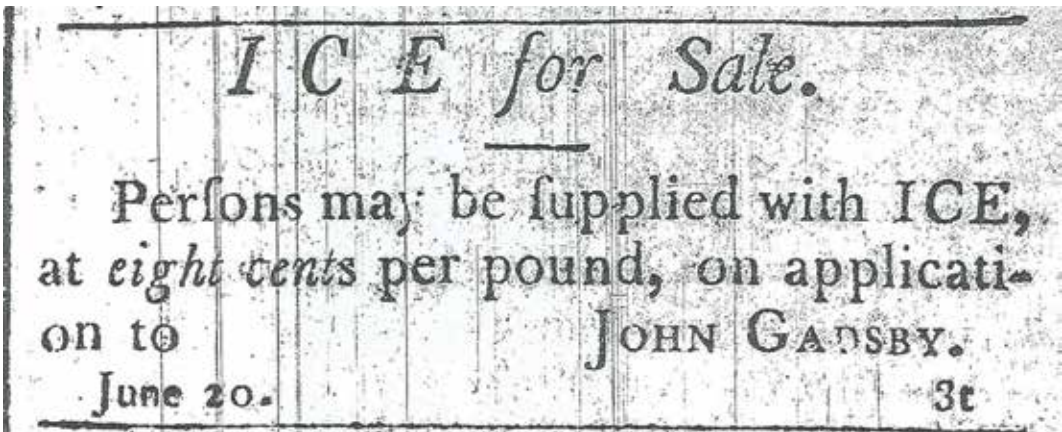
OUT OF THE ATTIC

Alexandria’s ice well was a cutting-edge amenity

The winter weather Alexandria has experienced this past month certainly would have been welcome to 18th century residents who did not have ready access to ice at their local food store. Luckily for guests to the City Tavern — now known as Gadsby’s Tavern — ice was just around the corner thanks to the subterranean ice well.

The story of the ice well began in 1792 when local businessman John Wise included it in the design for his new large tavern. He knew this would be needed as Alexandria became part of the new Federal City. To secure the tavern’s prominence, Wise sought to provide the finest amenities of the time, including a ready supply of ice. This would enable him to chill beverages, preserve perishable foods and even make a new popular dessert of the day: ice cream.

The Alexandria Common Council granted Wise permission to build an ice well underneath the corner of Royal and Cameron Streets in 1793 as part of his construction. For the previous four years, Wise had leased the Alexandria Inn and Coffee House at 201 N. Fairfax Street, which included an



IMAGE/ OFFICE OF HISTORIC ALEXANDRIA

on-site icehouse. Perhaps this convenience influenced Wise’s design decision for his new venture. He knew this extra touch would make his City Tavern the modern day equivalent of a five-star hotel.

Getting the ice to the ice well, however, was an expensive and time-consuming process. It was cut from the frozen Potomac River in the winter and hauled by cart for storage. Linked directly to the Tavern basement by a brick-walled and vaulted tunnel, the ice well was also accessed by the tavern’s enslaved labor force through a small hatch at street level. Once in the well, the ice was formed into a solid mound and covered with straw to preserve it for

use through the summer months.

The City Tavern’s well is large, measuring more than 17 feet in diameter, and could store more than 60 tons of ice, enough to supply the tavern and even the citizens of Alexandria. In 1805, when John Gadsby was leasing the tavern from John Wise, Gadsby advertised the sale of ice from the well for 8 cents a pound.

In 1972, after the American Legion donated Gadsby’s Tavern Museum to the City of Alexandria, a major restoration effort was launched. During this work, the ice well was excavated and stabilized. A section of the ice well dome was then removed to make the interior visible to the

public through a glass cut-away section. In 2012, the museum undertook another restoration, making the ice well more accessible to visitors day and night.

As travelers ventured to the new Federal City, Gadsby’s Tavern set the standard for the nation’s emerging hospitality industry — thanks in part to this subterranean structure made of brick and mortar. It is a reminder to 21st century residents and guests that something we can run to the store to pick up any time we want — a ready supply of ice — was a scarce luxury in Alexandria’s early years.

*Out of the Attic is provided by the Office of Historic Alexandria.*

Weekly Poll

Last Week

How should city councilors vote regarding parking at Saturday’s public hearing? They should:

- 18% Approve the task force recommendations to lower the minimum and also cap the amount businesses can provide.
- 4% Lower the minimum but not cap.
- 0% Set a cap but not lower the minimum.
- 31% Keep existing standards and enforce them.
- 47% Require more parking, not less.

This Week

Take the poll at alextimes.com

Now that the new Old Dominion Boat Club has opened on the waterfront, which statement do you most agree with?

- A) The building is nice but the ODBC was mistreated by the city.
- B) City taxpayers paid a high price for the compromise.
- C) The new building is gorgeous and all’s well that ends well.



# Classifieds

## EDUCATION CAREER TRAINING

**AIRLINES ARE HIRING** – Get FAA approved hands on Aviation training. Financial aid for qualified students – Career placement assistance. CALL Aviation Institute of Maintenance SCHEV certified 877-204-4130

## EDUCATION/HELP WANTED

### TEACHER RECRUITMENT

**FAIR** to fill 2018-19 Vacancies ~ did you know over 650 teaching positions were filled by 22 Virginia school divisions in the 2017-18 school year? Join us on Sat, Jan 27, 2018 - 9:00 a.m. to 2:00 p.m. @ Salem Civic Center in Salem, VA. See [www.wvpec.org](http://www.wvpec.org) (Job Fair) to preregister and for details. NO FEES. Sponsor: Western Virginia Public Education Consortium

## FARM EQUIPMENT

**GOT LAND?** Our Hunters will Pay Top \$\$\$ to hunt your land. Call for a FREE info packet & Quote. 1-866-309-1507 [www.BaseCampLeasing.com](http://www.BaseCampLeasing.com)

## HEALTH / BEAUTY

**IF YOU HAD HIP OR KNEE REPLACEMENT SURGERY AND SUFFERED AN INFECTION** between 2010 – present, you may be entitled to compensation. Call Attorney Charles H. Johnson 1-800-535-5727

## HELP WANTED

**DENTIST, ALEXANDRIA, VA:** Req: D.D.S. VA Dental License & 1 yr of exp as Dentist. A foreign edu equiv is acceptable. Send resume to Forest Cosmetic & Family Dentistry, PLLC. 3608 Forest Dr. #1, Alexandria, VA 22302.

## MANUFACTURING - CABLE HARNESS/ELECTRONIC LINE ASSEMBLER

Seeking an Electronic Line Assembler with a minimum of 3 years' production line assembly experience in cable/wire harness assemblies for an electronic and electro-mechanical manufacturing company.

Must be able to:

- Work with a multifunctional workforce.
- Able to build various cables and assemblies of varying degrees of difficulty.
- Read and understand drawings and be able to explain the assembly.
- Follow processes/procedures.
- Work with crimp tools, wire strippers, soldering iron and other production tools.
- Multi-task across several jobs.

A pre-employment skills test will be part of the interview. We offer Medical, Dental, Profit-Sharing, Vacation and Sick Leave. Located in Lorton, VA. E.O.E. Email resume to: [officeadmin@etronsystems.com](mailto:officeadmin@etronsystems.com)

**EARN \$500 A DAY:** Lincoln Heritage Life Insurance Wants Insurance Agents \* Leads, No Cold Calls \* Commissions Paid Daily \* Agency Training \* Life License Required. Call 1-888-713-6020.

**CDL TRAINING FOR LOCAL/OTR DRIVERS!** \$700-\$1200 a week! 4-wks or 10 Weekends for CDL. Veterans in Demand! Richmond/Fredricksburg 877-CDS-4CDL; Lynchburg/Roanoke 855-CDS-4CDL; Front Royal/Winchester 844-CDS-4CDL

## MISCELLANEOUS

## HOMEOWNERS WANTED!

Kayak Pools looking for Demo Homesites to display new maintenance free Kayak Pools. Save thousands of \$\$\$. Unique opportunity! 100% financing available. 1-888-788-5464

## PERSONALS

### MEET SINGLES RIGHT NOW!

No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now: 1-855-465-7060.

## SERVICES

**DIVORCE**—Uncontested, \$395+\$86 court cost. No court appearance. Estimated completion time twenty-one days. Telephone inquiries welcome-no obligation. Hilton Oliver, Attorney. 757-490-0126. Se Habla Español. BBB Member.

## WANTED TO BUY OR

**FREON R12 WANTED: CERTIFIED BUYER WILL PAY CASH** for R12 cylinders or cases of cans. (312) 291-9169; [www.refrigerantfinders.com](http://www.refrigerantfinders.com)

## LEGAL NOTICES



### ALEXANDRIA PLANNING DEPARTMENT NOTICE OF

**ADMINISTRATIVE REVIEW**  
The following request has been received for administrative review and approval.  
For information about this application or to comment, visit the City's website at [www.alexandriava.gov/planning](http://www.alexandriava.gov/planning) or call (703) 746-4666.

**Special Use Permit #2018-0004**  
2415 Eisenhower Ave – Proposed Business: Dunkin Donuts  
Request for a new administrative Special Use Permit to operate a restaurant; zoned CDD/Coordinated Development District Zone  
**APPLICANT:** DVA Eisenhower  
**PLANNER:** Madeleine Sims – [madeleine.sims@alexandriava.gov](mailto:madeleine.sims@alexandriava.gov)

In accordance with section 11-500 of the zoning ordinance, the above listed request may be approved administratively by the Director of Planning and Zoning. If you have any comments regarding the proposal above, please contact Planning and Zoning staff at 703.746.4666 or email

the planner listed no later than February 15, 2018



### ALEXANDRIA BOARD OF ARCHITECTURAL REVIEW OLD & HISTORIC ALEXANDRIA DISTRICT LEGAL NOTICE OF A PUBLIC HEARING

A public hearing will be held by the Alexandria Board of Architectural Review on WEDNESDAY, FEBRUARY 7, 2018 beginning at 7:30 PM in the City Hall Council Chambers, second SEE **CLASSIFIEDS**

| 27



## POWER DESIGN NOW HIRING ELECTRICAL APPRENTICES OF ALL SKILL LEVELS!

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Do you love working with your hands? Are you interested in construction and in becoming an electrician? Then the electrical apprentice position could be perfect for you! Electrical apprentices are able to earn a paycheck and full benefits while learning the trade through firsthand experience.

### what we're looking for...

Motivated D.C. residents who want to learn the electrical trade and have a high school diploma or GED as well as reliable transportation.

### a little bit about us...

Power Design is one of the top electrical contractors in the U.S., committed to our values, to training and to giving back to the communities in which we live and work.

### more details...

Visit [powerdesigninc.us/careers](http://powerdesigninc.us/careers) or email [careers@powerdesigninc.us](mailto:careers@powerdesigninc.us)

## LEGAL NOTICE

### FAMILY COURT FOR THE STATE OF DELAWARE

#### NOTICE OF FAMILY COURT PROTECTION FROM ABUSE ACTION

To Diamond Winkfield, (Respondent)  
Petitioner, Ashley Brown has filed a Petition for an Order of Protection From Abuse against you in the Family Court of the State of Delaware for New Castle County.  
Case No. 18-00119  
A court hearing has been scheduled for 2/2/18 at 8:30 am.  
The Family Court is located at 500 N. King St., Wilmington, DE 19801. If you fail to appear, the hearing may proceed without you.  
☒ There is an Ex-Parte Order in effect.  
If you wish to obtain the information on this filing prior to the hearing, please respond to the Family Court location noted above.

## Earn more with Quality!

★★★ 30 YEARS OF SERVICE ★★★

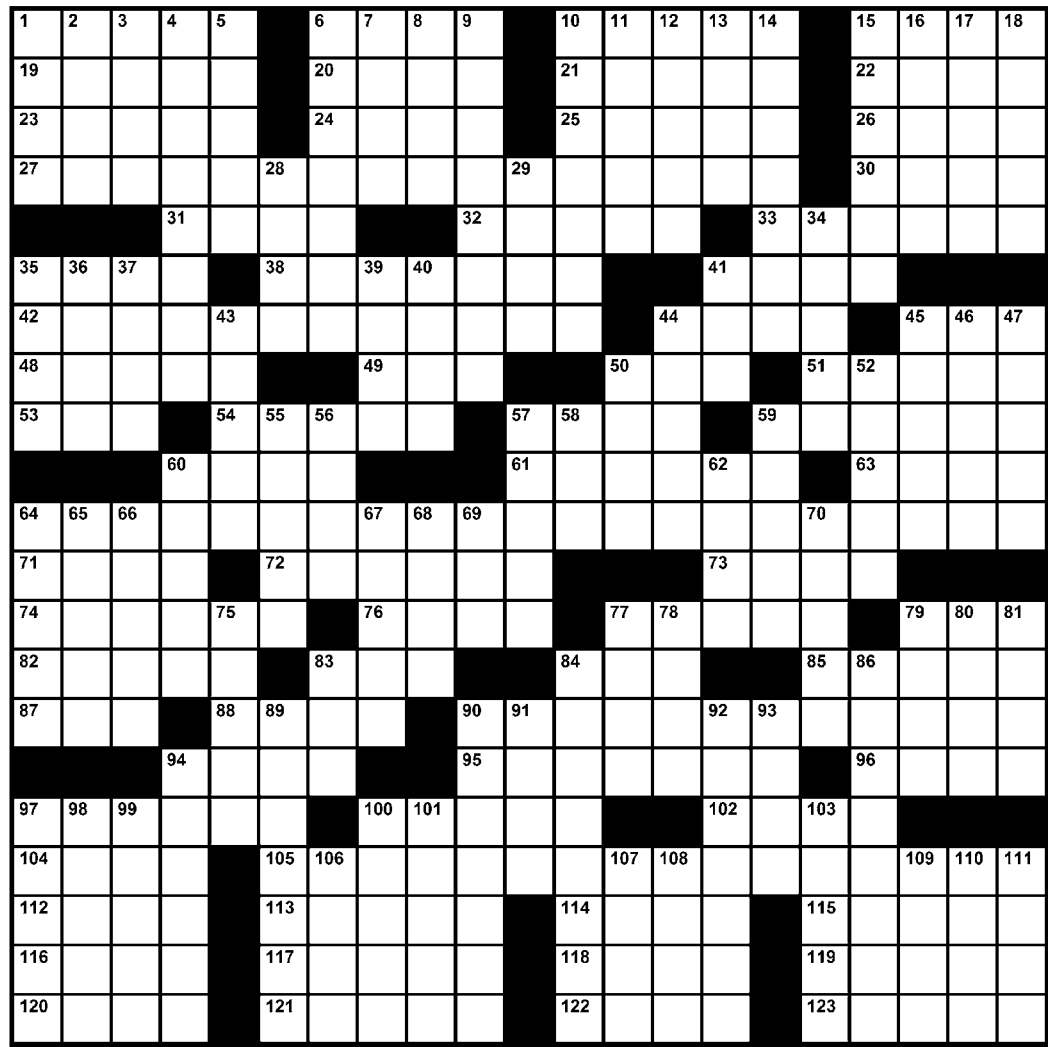
**Looking for CDL A or B drivers to deliver new trucks all over the US and Canada.**

**Experience preferred. Must have DOT physical and be willing to keep logs. No DUIs in last 10 years, clean MVR.**



Apply Online at  
[www.qualitydriveaway.com](http://www.qualitydriveaway.com)  
or call 574-642-2023

Weekly Words



ON THE PLUS SIDE By Timothy E. Parker

ACROSS

- 1. Grabs (with "onto")
- 6. Cur relative
- 10. Climbers' rocky obstacles
- 15. Activity in an online room
- 19. Neck-ringing event?
- 20. "Young Frankenstein" role
- 21. Do a debate activity
- 22. Put an edge on
- 23. Homer's epic (with "The")
- 24. No \_\_\_ traffic
- 25. Be smitten with
- 26. Like all of your relatives
- 27. Breakfast couple
- 30. Sport for the big
- 31. Any computer operator
- 32. Mathematical subgrouping
- 33. One whose job is murder
- 35. "\_\_\_ all work out"
- 38. Say over
- 41. "Adam \_\_\_" (Eliot novel)
- 42. Common cleaner couple
- 44. Swell chap
- 45. Humpty Dumpty, famously
- 48. Hawaiian porch
- 49. Card player's bullet
- 50. Vase on a base
- 51. Diet ad caption
- 53. "About when" inits.
- 54. It may be capped or chipped
- 57. Place for mass people?
- 59. Rabbit-sized rodent of South America
- 60. Type of ballistic missile (Abbr.)

- 61. '70s boogie-down spots
- 63. Improve text
- 64. Couple of editing tasks
- 71. Highly spiced stew
- 72. Semi-modern record player
- 73. Lie form
- 74. Take on, as mortgage payments
- 76. Break of day
- 77. WMD since '52
- 79. "Madam Secretary" network
- 82. Like an active chimney sweep
- 83. Chew the fat
- 84. Melted caramel, e.g.
- 85. Dazzling display
- 87. Like two Beethoven symphonies
- 88. Muffin variety
- 90. Couple of places
- 94. Celt on the Isle of Man
- 95. How some travel between continents
- 96. About three
- 97. Your to-do list
- 100. A Vegas natural
- 102. Place for the first couple
- 104. Heal for good
- 105. Romantic couple's plans
- 112. Three gift bearers seeking Jesus
- 113. Words with bend or lend
- 114. Hand out cards
- 115. Home for a falcon
- 116. Third-generation Genesis man
- 117. Chatter on foolishly
- 118. The Old Sod
- 119. Hag relative

- 120. Too-heavy drinkers
- 121. Tipped, as a dealer
- 122. "Mush!" vehicle
- 123. Daly and an English river

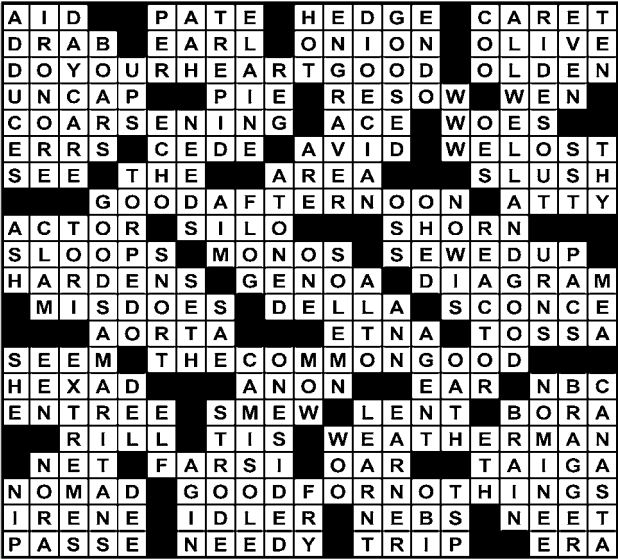
DOWN

- 1. Tennis player's concern
- 2. Kinks hit
- 3. Viking god of war
- 4. "My fault!" relative
- 5. Concession stand drinks
- 6. Like corner joints in carpentry
- 7. Expressions of repugnance
- 8. One of three in a 1970 war film title
- 9. Cut short
- 10. More in need of refining
- 11. Try another color on
- 12. Scratch a liftoff
- 13. Expert
- 14. King of horror
- 15. Morally pure
- 16. Tommyrot or nonsense
- 17. Psychology's soul
- 18. Mortise's mate
- 28. Distance letters
- 29. Be overly fond of (with "on")
- 34. Dog collar attachment
- 35. Dot in the Atlantic
- 36. Fit \_\_\_ (be just right)
- 37. Superboy's Lang
- 39. Hit a fly
- 40. Dashboard dial, briefly
- 41. Acting Kingsley

DEATH NOTICES

**DAVID W. BUDDINGTON** (58), formerly of Alexandria, Jan. 20, 2018  
**BRUCE DUNN** (82), of Alexandria, Jan. 16, 2018  
**EDWARD K. GIROD** (88), formerly of Alexandria, Dec. 15, 2017  
**JAMES "JIMMY" N. HAYMAN**, of Alexandria, Jan. 13, 2018  
**OLIVIA M. KIINCHELOE** (93), of Alexandria, Jan. 15, 2018  
**SHIRLEY B. MILLS** (83), formerly of Alexandria, Jan. 12, 2018  
**DIANA "DEE" L. MORRIS** (64), formerly of Alexandria, Jan. 12, 2018  
**KATHY M. PATTISON** (67), formerly of Alexandria, Jan. 19, 2018  
**ANGELE E. SAMPSON** (96), of Alexandria, Jan. 14, 2018  
**GLEN "JOE" LEE TATE JR.** (54), formerly of Alexandria, Jan. 19, 2018  
**LUDMILLA F. TRBOVICH** (86), of Alexandria, Jan. 12, 2018

Last Week's Solution:



- 43. Goalpost-shaped letter
- 44. \_\_\_-Roman wrestling
- 45. Technique-practicing piece
- 46. Comic's question
- 47. Dixie dish
- 50. Country in a Beatles song title
- 52. Warm Alpine wind
- 55. More than chubby
- 56. U-turn from include
- 57. Accessory
- 58. Email attachment, sometimes
- 59. Indian state
- 60. "We Can Work \_\_\_"
- 62. Capital near the 60th parallel
- 64. "\_\_\_ say!" (parental order)
- 65. Charles who wrote the Maximus poems
- 66. Words after "My country"
- 67. Car allowing leg-stretching
- 68. A certain Middle Easterner
- 69. Word in some U.S. state names
- 70. Highest country on Earth
- 75. "I blew that"
- 77. One making ground strokes?
- 78. Showy stoles
- 79. Time-signature go-with
- 80. Shower-ready
- 81. Angrily agonize
- 83. Country girl?
- 84. Hand-thrown bombs
- 86. Type of British court
- 89. Be flexible again
- 90. Emulated a helicopter
- 91. "... lived happily \_\_\_ after"
- 92. Ribbed or teased
- 93. Baby's parental word
- 94. Banded metamorphic rock
- 97. Apexes
- 98. Bat's fertilizer source
- 99. Problem for a grain farmer
- 100. Stealthy fellow
- 101. Relative on mother's side
- 103. Make so, legally
- 106. Geisha's ornamental accessory
- 107. Astronaut Armstrong
- 108. Truth counterpart
- 109. Laundry item
- 110. Great cloud to be on
- 111. Leads a horse right



# Classifieds

## CLASSIFIEDS

FROM | 25

floor of City Hall, 301 King Street, Alexandria, Virginia on the following applications:

### BAR Case #2017-00432

Request for partial demolition/capsulation at 926 South Saint Asaph Street  
Applicant: Larry Hill

### BAR Case #2017-00433

Request for alterations at 926 South Saint Asaph Street  
Applicant: Larry Hill

### BAR Case #2017-00475

Request for partial demolition/capsulation at 1006 King Street  
Applicant: Old Town 2, LLC

### BAR Case #2017-00476

Request for alterations and waiver of rooftop HVAC screening equipment at 1006 King Street  
Applicant: Old Town 2, LLC

### BAR Case # 2018-00008

Request for signage at 200 King Street  
Applicant: Maurice Brenton

### BAR Case # 2018-00009

Request for demolition/capsulation at 805 King Street  
Applicant: Old Town 1, LLC

### BAR Case #2018-00010

Request for alterations at 805 King Street  
Applicant: Old Town 1, LLC

### BAR Case #2018-00025

Request for concept review of renovations to Ramsey House Garden at 221 King Street

Applicant: The Garden Club of Alexandria  
Information about the above item(s) may be obtained from the Department of Planning and Zoning, City Hall, 301 King Street Room 2100, Alexandria, Virginia 22314, or at [www.alexandriava.gov/dockets](http://www.alexandriava.gov/dockets).



## ALEXANDRIA PLANNING COMMISSION & CITY COUNCIL FEBRUARY 2018

The items described below will be heard by the Planning Commission and the City Council on the dates and times listed below. NOTICE: Some of the items listed below may be placed on a consent calendar. A consent item will be approved at the beginning of the meeting

without discussion unless someone asks that it be taken off the consent calendar and considered separately. The Planning Commission reserves the right to recess and continue the public hearing to a future date. For further information, call the Department of Planning and Zoning at 703-746-4666 or visit [www.alexandriava.gov/planning](http://www.alexandriava.gov/planning).

### ALEXANDRIA PLANNING COMMISSION

TUESDAY, FEBRUARY 6, 2018  
7:00 PM, CITY HALL  
CITY COUNCIL CHAMBERS  
301 KING STREET  
ALEXANDRIA, VIRGINIA

### ALEXANDRIA CITY COUNCIL

SATURDAY, FEBRUARY 24, 2018  
9:30 AM, CITY HALL  
CITY COUNCIL CHAMBERS  
301 KING STREET  
ALEXANDRIA, VIRGINIA

The Planning Commission will hold a work session prior to the public hearing to discuss the Draft FY19 Long Range Interdepartmental Planning Work Program. The work session will begin at 6PM and go until approximately 7PM and will be held in the City Hall Council Workroom, 2nd floor of City Hall, 301 King Street, Alexandria, Virginia 22314.

### Text Amendment #2017-0001

Floor Area Ratio  
(A) Initiation of a Text Amendment; and (B) Public hearing and consideration of a Text Amendment to the Zoning Ordinance to amend sections 2-145, 2-195, and 7-202 and to add new sections 2-113.1 and 2-194.1 regarding floor area ratio. Staff: City of Alexandria Department of Planning & Zoning

### Text Amendment #2018-0001

NR Zone  
(A) Initiation of a Text Amendment; and (B) Public hearing and consideration of a Text Amendment to the Zoning Ordinance to amend sections 4-1403, 4-1403.1, and 4-1404 of the Zoning Ordinance to add permitted uses, administrative uses, and special uses to the NR zone. Staff: City of Alexandria Department of Planning & Zoning

**Special Use Permit #2017-0122**  
417 King Street (parcel address:

411 King Street)– Taco Bell Cantina  
Public hearing and consideration of a request to operate a restaurant and for outdoor dining; zoned: KR/King Street Retail. Applicant: TB Cantina, LLC

**Special Use Permit #2017-0124**  
116 King Street (parcel addresses: 114 and 118 King Street) – Urbano 116

Public hearing and consideration of a request to operate a restaurant; zoned: KR/King Street Retail. Applicant: Urbano 116, LLC

**Special Use Permit #2017-0126**  
1725 Duke Street - Sancerre Restaurant

Public hearing and consideration of a request to operate a restaurant with outdoor dining, live entertainment, and off-premises alcohol sales; zoned: OCH/Office Commercial High. Applicant: Sancerre, LLC

### Development Special Use Permit #2016-0003

**Special Use Permit #2017-0125**  
**Special Use Permit #2018-0003**  
**203, 205, 211 Strand Street – The Strand**

Public hearing and consideration of requests for: (A) a Development Special Use Permit and site plan with modifications to construct 18 new residential units and ground floor retail at 211 Strand and 205 Strand, including Special Use Permit requests for height over 30 feet in the Potomac River Vicinity Height District, for 2 mechanical penthouses, and a parking reduction; (B) a Special Use Permit for a restaurant in the W-1 zone; and (C) a Special Use Permit for a restaurant in the W-1 zone; zoned: W-1/Waterfront. Applicant: The IDI Strand LC, represented by Kenneth Wire, attorney

**Discussion item:** City/ACPS Joint Facilities Task Force

## PUBLIC NOTICE

AT&T proposes to modify an existing facility (new tip heights 142' & 146') on the building at 2500 N Van Dorn St, Alexandria, VA (20180021). Interested parties may contact Scott Horn (856-809-1202) (1012 Industrial Dr., West Berlin, NJ 08091) with comments regarding potential effects on historic properties.

## HELP WANTED



## BISHOP IRETON HIGH SCHOOL

### ASSOCIATE BUILDING ENGINEER/BUS DRIVER

Full time Associate Building Engineer/Bus Driver responsible for both maintaining the buildings, systems, and infrastructure of the school as well as driving students on field trips, to sporting practices and events, and to/from local transportation hubs. Ideal candidate will demonstrate a commitment to maintaining the building and systems of the school at a high level, a thorough understanding of, and commitment to, safety protocols both on the campus and in vehicles, and have a proven, spotless commercial driving record. Must have valid CDL with 2+ years commercial driving experience; knowledge and experience with rough carpentry, painting, simple plumbing and electrical work, and basic equipment and facility repairs; a high school diploma (or equivalent); and familiarity with/willingness to learn facilities management software/tools. This position, which includes benefits, is available in February 2018.

Additional information may be found here: [www.bishopireton.org/page/about/job-opportunities](http://www.bishopireton.org/page/about/job-opportunities).

Bishop Ireton High School is a Catholic college preparatory school in Alexandria, VA, that provides rigorous academic experience and Christian education.

Qualified candidates should submit a cover letter with current salary, a resume, and references by email to [cindi@munshine-group.com](mailto:cindi@munshine-group.com).

## ABC NOTICE



Virginia Department of Alcoholic Beverage Control  
2901 Remington Road / P.O. Box 21491, Richmond, VA 23261  
[www.abc.virginia.gov](http://www.abc.virginia.gov)

### RETAIL LICENSE APPLICATION—PART 2 (POSTING AND PUBLISHING)

#### PUBLISHING NOTICE

Please publish the following item in the legal notice section of your newspaper. Please refer to the instructions provided on page 9.

[Full name(s) of owner(s):] <b>Amana LLC</b>	
<small>If general partnership, enter partners' names or name of partnership. If LP, LLP, LLC or corporation, enter name as recorded with the State Corporation Commission. If association or tax-exempt private club, enter name. Only if a sole proprietor, enter first, middle and last name.</small>	
Trading as: <b>Kings Subs</b>	
<small>(trade name)</small>	
<b>6468 Landsdowne Ctr</b>	
<small>(exact street address where business will trade)</small>	
<b>Alexandria</b>	
<small>(city/town)</small>	
<b>Fairfax</b>	<b>22315-5003</b>
<small>(county)</small>	<small>(zip + 4)</small>
The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a <b>Wine and Beer On Premises</b> license	
<small>(type(s) of license(s) applied for)</small>	
to sell or manufacture alcoholic beverages.	
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REAL ESTATE

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This home is a four-seasons entertainer's dream. In the winter, there are three fireplaces to cozy up to ~ one in the family room on the first floor and one on the lower level media area where you can enjoy movies and popcorn. Or if it's a party for two, there's a fireplace in the master suite.

During the warmer months, enjoy the refreshing pool, tennis court, gazebo and large level yard for endless fun! There's no doubt this home is where family and friends will want to gather.

This beautiful and spacious home offers exceptional amenities. There are four bedrooms, five full bathrooms, gourmet kitchen, three fireplaces, separate dining room, exceptional storage areas and so much more.

Contact Jessica today for a tour. Offered at \$1,349,700



### Jessica Richardson

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